Grasp

What a Good Grasp Looks Like: (Dynamic Tripod Grasp)

What if my student’s grasp is poor, and looks like this:
Poor pencil grasp can occur for a variety of reasons. At times, it is developmentally related. A preschooler or kindergartner is not expected to have a mature grasp pattern. Other times, it is related to fine motor control and strength.

**Grasp**

What can you do?

- Provide pencil grips that help to mold the tripod grasp pattern.

**Stetro Grip** - Sam’s Club, Amazon

![Stetro Grip](image1)

**The Pencil Grip** - www.thepencilgrip.com

![The Pencil Grip](image2)

**Tri-Go Grips** – www.therapyshoppe.com

![Tri-Go Grips](image3)
The Start Right Grip-www.otideas.com

Many other grips can be bought at Walmart, etc.

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What can you do?

-Use small pencils

-Wrap hair band around wrist and pencil, or use Handiwriter (in picture below)—can be ordered from: www.amazon.com
- Hold small koosh ball in ring and pinky finger to make sure they don’t use those fingers when writing
- Use fine motor activities to build dexterity, strength, and control of small muscles on the hand.
- Place a picture of appropriate grasp on student’s desk
- Use a slanted work surface (3 ring binder)